

















## RESILIENCE AND WELLNESS SUMMIT

COURAGE, COMPASSION AND CONNECTION

## FRIDAY, NOVEMBER 3RD, 2023

8:00AM-4:00PM

**Purpose**: Bringing the community together to acquire health and wellness skills.

This community event will include presentations, group discussions and resource information for community organizations.

## **Event Location:**

The Antlers a Wyndham Hotel 4 S. Cascade Ave, Colorado Springs, CO 80903

**Open to Military, Veterans, First Responders** and their Families plus, the Community



If you are interested in sponsorship or hosting an exhibit table for resources, please contact Russ Laney at 719-661-2593 or teamprinciples14@gmail.com



Scan to register





719-772-7000 | VeteransCenter.org